



NEW ORLEANS JESTERS CAMP ITINERARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 AM	Arrival	Arrival	Arrival	Arrival	Arrival
9:00 AM	Warm-Up	Warm-Up	Warm-Up	Warm-Up	Warm-Up
9:25 AM	Water Break	Water Break	Water Break	Water Break	Water Break
9:30 AM	Dribbling Games	Dribbling Games	Dribbling Games	Dribbling Games	Dribbling Games
9:55 AM	Water Break	Water Break	Water Break	Water Break	Water Break
10:00 AM	Technical Session	Technical Session	Technical Session	Technical Session	Technical Session
10:25 AM	Water Break	Water Break	Water Break	Water Break	Water Break
10:30 AM	Technical Session	Tactical Session	Technical Session	Tactical Session	Technical Session
10:55 AM	Water Break	Water Break	Water Break	Water Break	Water Break
11:00 AM	Tactical Session	Technical Session	Tactical Session	Technical Session	Tactical Sess
11:25 AM	Water Break	Water Break	Water Break	Water Break	Water Break/Handout Shirts
11:30 AM	Small Sided Games	Small Sided Games	Small Sided Games	Small Sided Games	Small Sided Games
12:00 PM	Lunch/Half Day Pick Up	Lunch/Half Day Pick Up	Lunch/Half Day Pick Up	Lunch/Half Day Pick Up	Lunch/Half Day Pick Up
1:00 PM	Warm-Up	Warm-Up	Warm-Up	Warm-Up	Warm-Up
1:15 PM	Water Break	Water Break	Water Break	Water Break	Water Break
1:20 PM	Camp Tournament	Camp Tournament	Camp Tournament	Camp Tournament	Camp Tournament
1:35 PM	Water Break	Water Break	Water Break	Water Break	Water Break
1:40 PM	Camp Tournament	Camp Tournament	Camp Tournament	Camp Tournament	Camp Tournament
1:55 PM	Water Break	Water Break	Water Break	Water Break	Water Break
2:00 PM	Camp Tournament	Camp Tournament	Camp Tournament	Camp Tournament	Camp Tournament Playoffs
3:00 PM	End Camp/Pick Up	End Camp/Pick Up	End Camp/Pick Up	End Camp/Pick Up	End Camp/Pick Up
3:00-3:15 PM	All Campers Picked Up	All Campers Picked Up	All Campers Picked Up	All Campers Picked Up	All Campers Picked Up
	Technical Sessions:	Dribbling, Passing/Receiving, Heading, Finishing, 1v1 Attacking, 1v1 Defending, Crossing/Finishing, Possession, Goalkeeping			
	Tactical Sessions:	2v2 to Goal, 2v2 Defending, Zonal Defending, 2v2 or 4v4 Attacking and Defending, 3v2 to Goal			